



Gloucester County College

LEARNING FOR REAL LIFE

Press Release # 52
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Title TWO WORKSHOPS OFFERED BY PEOPLE IN TRANSITION IN JANUARY

Deptford Twp. - People in Transition, headquartered on the campus of Gloucester County College, is offering two workshops in January, both led by Jennie McQuaide, PhD, professional counselor.

The **Third Wednesday Group for Widows/Widowers and Divorced or Separated** will meet on January 17 from 7 to 8:30 p.m. and discuss "Helping Children Adjust to Parental Divorce or Death." Children of all ages are affected by their parents' divorce or the death of a parent. This workshop will focus on three different age groups – preschool, school age, and adult children. This child's behavior and the parent's response will be discussed.

The Third Wednesday Group is open to anyone wishing to attend and start benefiting from the monthly sessions.

The six-session workshop, "**Divorce Recovery**," will start on Tuesday, January 30 and conclude on March 6. This workshop is designed for men and women who are divorced and will deal with such issues as loneliness, mood swings, shattered dreams, depression, coping with anger, working and children's emotions and communicating with a former spouse.

This workshop will meet from 7 to 8:30 p.m. Attendees will benefit most by attending all the sessions. Registration is mandatory. Please call (856) 415-2222 to register or to get more information.

The next six-session workshop will start on March 27 and end on May 1, 2007.

Gloucester County College's 250-acre campus is located on Tanyard Road in Deptford, just off Exit 56 of Route 55.

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