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## NEWS

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PR 69 – December 18, 2008

### PEOPLE IN TRANSITION OFFERS WORKSHOPS IN JANUARY AND FEBRUARY

Deptford Twp. - Start the New Year with confidence and knowledge by signing up a new workshop offered by the Center for People In Transition, headquartered at Gloucester County College. Information workshops for displaced homemakers and community residents are free of charge unless otherwise noted. To register and to learn the location of workshops, please call 856-415-2222.

A new workshop, [“From Stay At Home Mom to Employee,”](#) will be held on Monday, January 12 from 6:30 to 8 p.m. Instructor Nancy Hawn, M.S. will help ease the transition from home to work by addressing such issues as first-time employment, returning to the workplace after a long absence, child care concerns, and other lifestyle changes.

Attorneys from the Gloucester County Bar Association’s Family Law Committee will proctor the workshop [“Laws of Separation and Divorce”](#) on Wednesday, January 14, from 7 to 9 p.m. Some of the subjects to be covered include: court procedures and timing, grounds of divorce, selecting and helping your attorney and setting goals. Also discussed will be the issues of equitable distribution, custody, visitation, and alimony and other related concerns. This workshop will also be offered on Wednesday, March 18.

[“How to Avoid Costly Housing Mistakes Before, During and After a Divorce”](#) will be offered on Thursday, January 15, from 7 to 9 p.m. Divorce is rarely easy and often means a lot of difficult decisions. One of the most important decisions is what to do with the house. Brian Ziegenfuss from RE/MAX Millennium will give suggestions to protect one’s desired interest in the sale and to maximize the profits. He will also review

lifestyle changes, new budgets, and housing affordability. This workshop will also be offered on February 18 and March 25.

“[Forgiveness a Healing Journey](#)” is an eight-session workshop for individuals who have been hurt by people or events in their lives. The workshop, led by Dr. Jennie McQuaide, Professional Counselor, will start on Friday, January 16, and run through Friday, March 6, from 7 to 8:30 p.m. Individuals will learn ways to relieve the hurt and pain so that they may move on with their lives. They will also learn how to let go of anger. Learning to forgive is an important part of the healing process.

Another new workshop, “[Parenting for Families in Transition](#),” will be offered on six consecutive Tuesdays, January 27 through March 3, from 7 to 8:30 p.m. Dr. Jennie McQuaide, Professional Counselor, will lead the workshops which are designed for separated/divorced and widowed parents to teach strategy guidelines so that the child children become sociable individuals who treat others with respect and dignity. This workshop is also open to never married single parents and married parents facing transitions as long as space is available.

“[Financial Aspects of Divorce](#)” will be offered on Wednesday, January 28, from 6:30 to 8 p.m. This one-night class is designed to help one navigate the complicated process and stressful ordeal of divorce. It will cover the broad range of financial issues and assist in avoiding costly mistakes, clarify expectations, and begin planning for a “successful” divorce. Joseph Johnson, vice-president, Main Street Financial Group, will be the instructor. This class will be offered again on Wednesday, March 11.

“[Money \\$mart – Are You Managing Your Money Wisely?](#)” will be offered on Monday February 2, 9, 16 and 23 from 6:30 to 8 p.m. Money \$mart classes are designed to help you develop the financial knowledge, skills and confidence to manage your finances, make informed financial decisions, reduce debt and build wealth. Topics covered include, Budgeting, Money Management, Pay Yourself First, Balancing a Check Book, Using Credit Wisely, and Understanding Your Credit Report. Attending all classes is most beneficial. Wanda P. Hardy, MBA, will be the instructor.

This workshop is free to displaced homemakers but there will be a charge of \$10 to non displaced homemakers the first night of class.

A one-day workshop on “Entitlements” will be held on Tuesday, February 10, from 12 to 2 p.m. Lee Ginsburg from South Jersey Legal Services will discuss Temporary Aid for Needy Families – TANF; General Assistance – GA; Emergency Assistance – EA; and food stamps, Medicaid, and unemployment.

“Smart Women Finish Rich” will be held on Wednesday, February 11, from 6:30 to 8 p.m. Russ Johnson and Joe Johnson, Main Street Financial, will review how to improve the quality of life by putting your money where you values are.

Another new workshop, “Mortgage Foreclosures,” will be offered on Thursday, February 12, 6:30 to 7:30 p.m. Mediation is an important method to fostering an open and effective channel of communication between homeowners and lenders. Mortgage foreclosure mediation introduces a neutral third party to assist lenders and defaulting homeowners in reaching a satisfactory resolution to their dispute.

Gloucester County College’s 250-acre campus is located on Tanyard Road in Deptford, just off Exit 56 of Route 55.