

Gloucester County College
HEALTH, PHYSICAL EDUCATION AND RECREATION
Associate in Arts (A.A.) – Transfer
Program Requirements

The Health, Physical Education and Recreation program provides our students with a solid foundation of learning experiences that will enable them to transfer into four-year programs, in order to pursue careers in the field of health and physical education as teachers, or in the field of recreation.

Program graduates will demonstrate the ability and skill to:

- Apply the knowledge and demonstrate the basic instructional strategies for teaching and lesson planning in health and physical education
- Demonstrate a proficiency in history, skills and knowledge of team and individual sports
- Demonstrate the knowledge and skills that promote recreational activities as a means to sustaining healthy living and life-long fitness
- Analyze, evaluate and provide basic care in an emergency situations

Required Core and Elective Courses

<u>Communications</u>	<u>Credits</u>
COM 101 English Composition I	3
COM 102 English Composition II	3
SPE 101 Oral Communications	3
 <u>Humanities</u>	
____ ____ Humanities Elective (Art or Music Appreciation)	3
____ ____ Humanities Elective	3
____ ____ Humanities Elective	3
____ ____ Humanities Elective	3
 <u>Social Science</u>	
HIS 101 History of Western Civ. I	3
HIS 102 History of Western Civ. II	3
PSY 101 General Psychology	3
PSY 203 Educational Psychology	3
____ ____ Social Science Elective	3
 <u>Mathematics</u>	
MAT 101 Concepts of Math I	3
MAT 102 Concepts of Math II	or
MAT 103 Statistics	3
 <u>Science</u>	
BIO ____ Biology Elective (General Biology or Human Biology)	4
BIO ____ Biology Elective (Anatomy & Physiology I)	4
 <u>HPE</u>	
HPE 102 First Aid, Safety, & CPR	2
HPE 209 Individual and Dual Sports	2
HPE 221 Team Sports I	2
HPE 222 Team Sports II	2
HPE 231 Specialized Swimming	2
HPE 234 Care & Prevention of Athletic Injuries	3
HPE 240 Intro to Health & Physical Education	3
____ ____ HPE Elective (Nutrition-HPE 136)	3

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Four Semester Sequence of Courses

<u>FIRST YEAR - Fall Semester</u>	<u>Credits</u>
___ COM 101 English Composition I	3
___ BIO ___ Biology Elective	4
___ HPE 240 Intro. to Health, Physical Education & Recreation	3
___ HPE 209 Individual and Dual Sports I	2
___ HPE 102 First Aid, Safety & CPR	2
___ SPE 101 Oral Communications	<u>3</u>
	17
 <u>Spring Semester</u>	
___ COM 102 English Composition II	3
___ BIO ___ Biology Elective (Anatomy and Physiology I)	4
___ HPE 234 Care & Prevention of Athletic Injuries	3
___ HPE 231 Specialized Swimming	2
___ ___ Humanities Elective (Art or Music Appreciation)	3
___ ___ Humanities Elective	<u>3</u>
	18
 <u>SECOND YEAR - Fall Semester</u>	
___ HIS 101 History of Western Civ. I	3
___ MAT 101 Concepts of Math I	3
___ PSY 101 General Psychology	3
___ ___ Social Science Elective	3
___ ___ Humanities Elective	3
___ HPE 221 Team Sports I	<u>2</u>
	17
 <u>Spring Semester</u>	
___ HIS 102 History of Western Civ. II	3
___ MAT 102 Concepts of Math II	3
___ MAT 103 Statistics	3
___ PSY 203 Educational Psychology	3
___ ___ Humanities Elective	3
___ HPE ___ HPE Elective (Nutrition)	1-3
___ HPE 222 Team Sports II	<u>2</u>
	15-17
<u>TOTAL MINIMUM CREDITS:</u>	67-69