

The Gloucester County College track and field teams participated in the Widener Invitational this week and had some of their best performances of the season. The teams returned home with 24 national championship qualifiers and a new school record in the women's pole vault. The teams faced still competition from teams like Navy, Villanova and LaSalle making top 10 performances even more impressive. Ozzie Huerta (Kingsway) came up just short of setting a new school record in the 5000m, placing 2nd in 14:51. Christina Lees (Sterling) did set a new school record of 10' 6" in the pole vault to place 3rd. Allen Jackson (Timber Creek) placed 5th in the 400m in 50.00. Jeff Bash (Hammononton) placed 6th in the 3000m steeplechase in 11:12, while Nick Cinaglia (Clearview) placed 8th in 13:04. Darrell Corbin (Kingsway) placed 6th in the discus (131' 11") and 7th in the shot put (42'). Michael Efelis (Pennsville) placed 9th in the discus with a toss of 126' 6".

The teams start their post-season next weekend at the NJCAA Northeast District Championships in Columbia, Maryland.

Widener Invitational - 4/21/2011 to 4/22/2011

Women 200 Meter Dash

38 Contino, Francesca (Washington Twp.) 29.64

Women 800 Meter Run

45 Whittington, Rejeena (Triton) 2:40.66 NATIONAL QUALIFIER  
 55 Lees, Stephanie (Sterling) 2:54.91

Women 5000 Meter Run

14 Whittington, Rejeena 20:29.75 NATIONAL QUALIFIER  
 16 Dole, Amanda (Clearview) 21:38.29 NATIONAL QUALIFIER

Women 100 Meter Hurdles

15 Figueroa, Alyssa (Clearview) 17.53 NATIONAL QUALIFIER  
 16 Contino, Francesca 17.74 NATIONAL QUALIFIER

Women 400 Meter Hurdles

16 Figueroa, Alyssa 1:19.25 NATIONAL QUALIFIER  
 17 Peacock, Victoria (O.L.M.A) 1:22.33  
 18 Whittington, Rejeena 1:23.49

Women 3000 Meter Steeplechase

12 Dole, Amanda 12:55.11 NATIONAL QUALIFIER

Women 4x100 Meter Relay

8 Gloucester County 56.09 NATIONAL QUALIFIER  
 (Christina Lees, Victoria Peacock, Alyssa Figueroa, Francesca Contino)

Women Pole Vault

3 Lees, Christina (Sterling) 3.20m 10-06.00 NAT. QUAL. / SCHOOL REC  
 16 Lees, Stephanie 2.75m 9-00.25 NATIONAL QUALIFIER  
 22 Figueroa, Alyssa 2.30m 7-06.50 NATIONAL QUALIFIER

Women Long Jump

23 Contino, Francesca 4.21m 13-09.75  
 24 Peacock, Victoria 4.10m 13-05.50  
 24 Lees, Stephanie 4.10m 13-05.50

Women Shot Put

22 Majekodunmi, Abby (Mabel) (Clayton) 6.58m 21-07.25  
 24 Gause, Capria (Williamstown) 5.36m 17-07.00

Men 100 Meter Dash

25 DeShazo, Justin	(Kingsway)	11.96	
29 Moss, Chaz	(Pennsauken)		12.22

Men 200 Meter Dash

16 Jackson, Allen	(Timber Creek)		23.09 NATIONAL QUALIFIER
30 Lemmerman, Alan	(Sterling)	23.74	
39 Moss, Chaz		24.59	

Men 400 Meter Dash

5 Jackson, Allen		50.00	NATIONAL QUALIFIER
30 Lemmerman, Alan		53.10	
30 Waters, Derek	(Cherry Hill W.)	53.10	
34 Oyefesobi, Tokunbo (T.K.)	(Williamstown)		53.68

Men 800 Meter Run

31 Huerta, Ozzie	(Kingsway)	2:02.37	NATIONAL QUALIFIER
48 Colon, Daniel	(Pleasantville)		2:05.13
68 Gorz, Ryan	(Washington Twp.)	2:12.50	
71 Chalef, Dan	(Washington Twp.)	2:13.99	
75 Doughten, John	(West Deptford)		2:23.96

Men 1500 Meter Run

59 Gorz, Ryan		4:27.63	
73 Doughten, John		4:53.33	

Men 5000 Meter Run

2 Huerta, Ozzie		14:51.01	NATIONAL QUALIFIER
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Men 110 Meter Hurdles

14 Boland, Kieran	(Audubon)	16.99	
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Men 400 Meter Hurdles

27 Moss, Chaz		1:04.73	
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Men 3000 Meter Steeplechase

6 Bash, Jeff	(Hammonton)	11:12.21	
8 Cinaglia, Nick	(Clearview)	13:04.09	

Men 4x100 Meter Relay

10 Gloucester County		45.44	NATIONAL QUALIFIER
(Justin DeShazo, Chaz Moss, Derek Waters, Alan Lemmerman)			

Men 4x400 Meter Relay

7 Gloucester County 'A'		3:28.10	NATIONAL QUALIFIER
(Alan Lemmerman, Allen Jackson, Derek Waters, Kieran Boland)			
16 Gloucester County 'B'		3:41.86	
(TK Oyefesobi, Ryan Gorz, Dan Chalef, Danny Colon)			

Men High Jump

10 Boland, Kieran		1.68m	5-06.00
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Men Pole Vault

12 Boland, Kieran		3.50m	11-05.75 NATIONAL QUALIFIER
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Men Shot Put

7 Corbin, Darrell	(Kingsway)	12.80m	42-00.00 NATIONAL QUALIFIER
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15 Efelis, Michael	(Pennsville)	11.24m	36-10.50
26 Hall, Al	(Timber Creek)		9.87m 32-04.75
33 Andrews, Jim	(Washington Twp.)	7.45m	24-05.50

Men Discus Throw

6 Corbin, Darrell		40.22m	131-11	<b>NATIONAL QUALIFIER</b>
9 Efelis, Michael		38.57m	126-06	<b>NATIONAL QUALIFIER</b>
32 Amato, Corey	(Audubon)	31.20m	102-04	
40 Dickinson, Will	(Haddon Twp.)		25.30m	83-00

Men Hammer Throw

12 Corbin, Darrell		36.73m	120-06	<b>NATIONAL QUALIFIER</b>
21 Efelis, Michael		29.28m	96-01	

Men Javelin Throw

12 Dickinson, Will		46.75m	153-04	<b>NATIONAL QUALIFIER</b>
18 DeShazo, Justin		43.30m	142-01	<b>NATIONAL QUALIFIER</b>
26 Hall, Al		40.58m	133-02	
27 Amato, Corey		40.53m	133-00	